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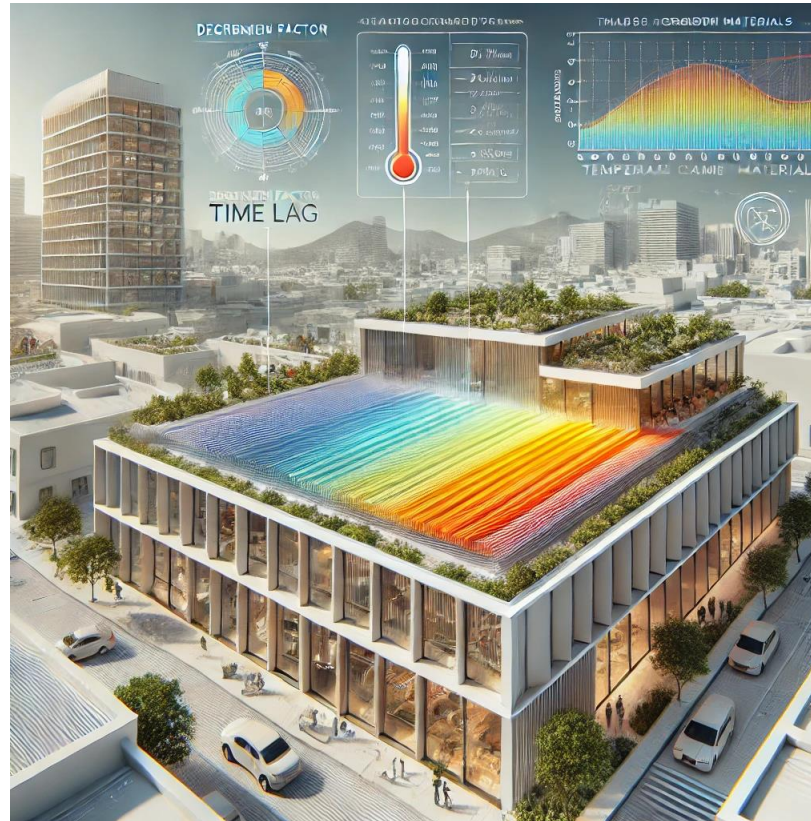
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Introduction

Problem relevance

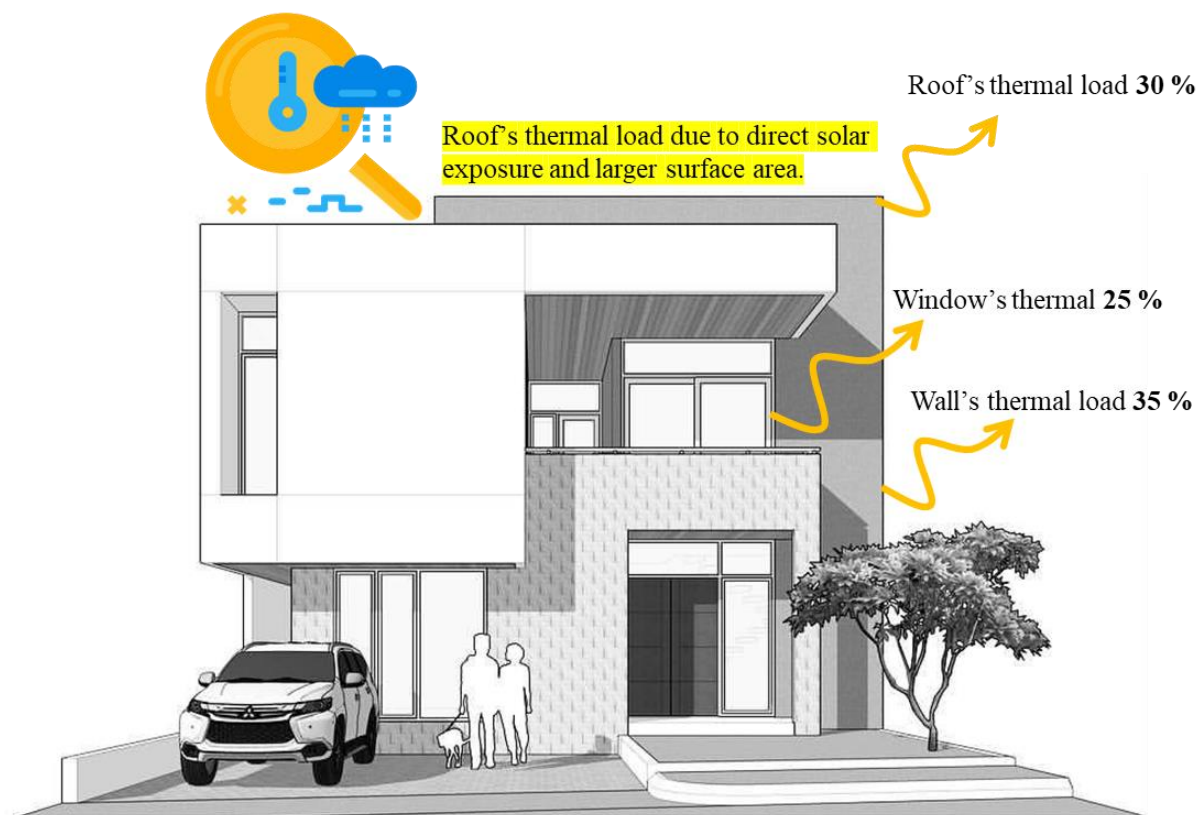


Figure. Distribution of thermal load contributions in a residential building (source: Shove et al., 2014).

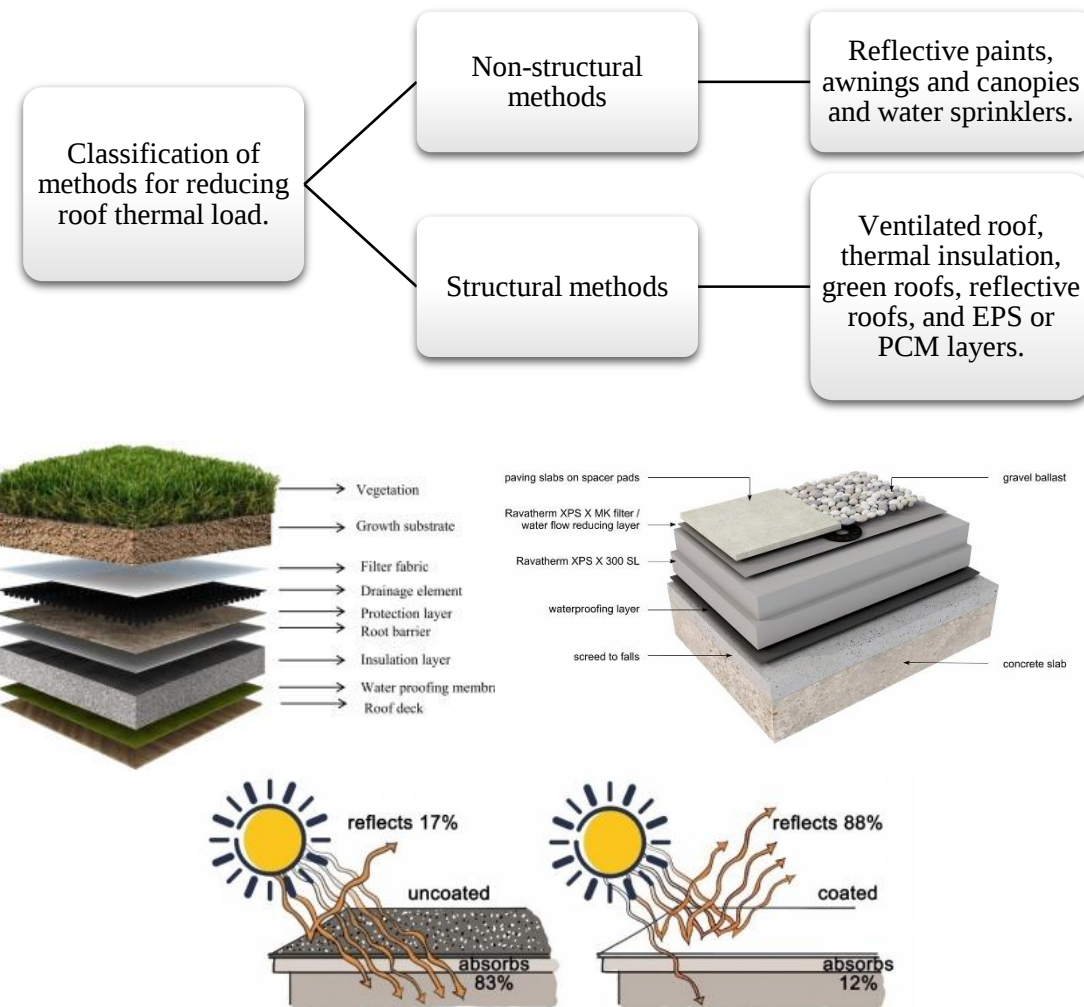


Figure. Classification of structural and non-structural methods for reducing roof thermal load (source: own elaboration).

Introduction

Phase Change Materials (PCM's)

Phase Change Materials (PCMs) enhance thermal management in construction by absorbing, storing, and releasing latent heat during phase changes, effectively regulating indoor temperatures, especially in walls and roofs.

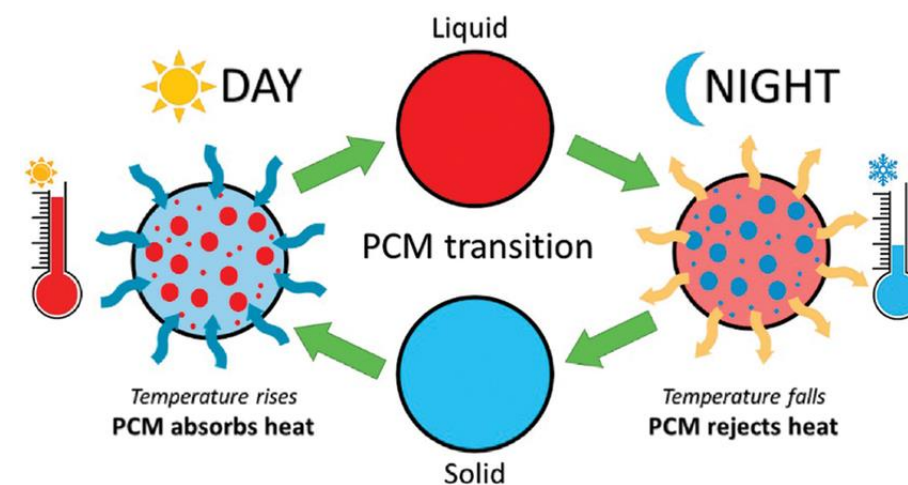
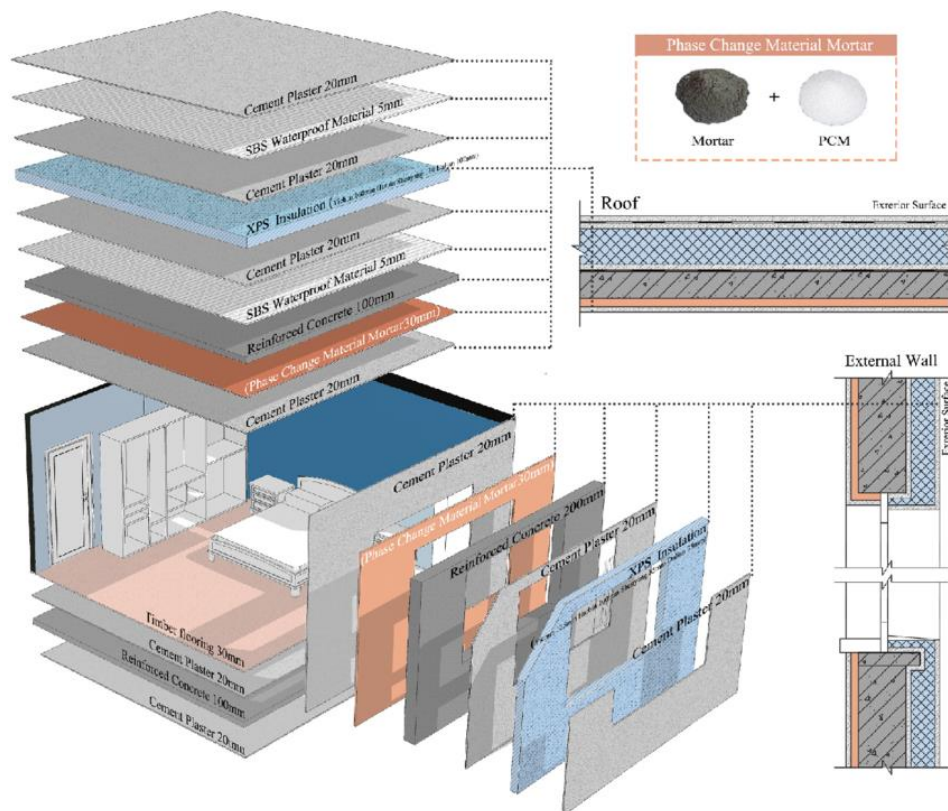


Figure. Phase transition of PCM in hot climates (source: Paul et al., 2022).

Figure. Structural composition of roof and external wall incorporating Phase Change Material Mortar and XPS insulation layers (source: Yu et al., 2023).

Introduction

Literature review

- **Piselli et al.:** la aplicación de PCM en membranas para techo reduce la temperatura superficial y el flujo de calor.

2019

- **Bhamare et al.:** la inclinación de 2° de una capa PCM optimiza la carga térmica y mejor el ciclo de cambio de fase.

2020

- **Qu et al.:** el grosor y la disposición óptimos del PCM en envoltentes presenta ahorros de hasta 34.8 %.

2021

- **Arumugam & Shaik:** la combinación de PCM en techos y paredes reduce los costos de aire acondicionado y las emisiones.

2022

- **Yu et al.:** el PCM reduce las horas de sobrecalentamiento y el consumo energético hasta en 19.7 % y 25.7 %, respectivamente.

2023

- **Refahi et al.:** una doble capa de PCM con diferentes puntos de fusión ahorra un 6.6 % en calefacción y 2.8 % en refrigeración.

2024

- **Dardouri et al.:** en climas mediterráneos, se presentan ahorros de hasta 46.1 % con PCM, que depende del espesor y número óptimo de las capas.
- **Bhamare et al.:** el espesor óptimo de una capa de aire entre PCM es 2 cm.
- **Anter et al.:** PCM RT 35HC reduce la ganancia de energía hasta en 66 %.

- **Tang et al.:** combinar enfriamiento radiativo y PCM reduce la temperatura interior en 1.1 °C y la carga de enfriamiento en 172.9 %, eficiente para climas extremos.



Evaluated roof configurations

PCM selection

Table. Configuration overview: phases, material composition, and PCM thickness.

Phase 1

- C1. (a) Ref
- C2. (b) Ref+Ins
- C3. (c) Ref+e10mmPCMi RT25 HC
- C4. (c) Ref+e10mmPCMi RT35 HC*
- C5. (c) Ref+e10mmPCMi RT44 HC
- C6. (d) Ref+e10mmPCMo RT25 HC
- C7. (d) Ref+e10mmPCMo RT35 HC*
- C8. (d) Ref+e10mmPCMo RT44 HC
- C9. (e) Ref+Ins+e10mmPCMi RT25 HC
- C10. (e) Ref+Ins+e10mmPCMi RT35 HC*
- C11. (e) Ref+Ins+e10mmPCMi RT44 HC
- C12. (f) Ref+Ins+e10mmPCMo RT25 HC
- C13. (f) Ref+Ins+e10mmPCMo RT35 HC*
- C14. (f) Ref+Ins+e10mmPCMo RT44 HC

Phase 2, 20mm

- C14-C16, e20 mmPCM

Phase 2, 30mm

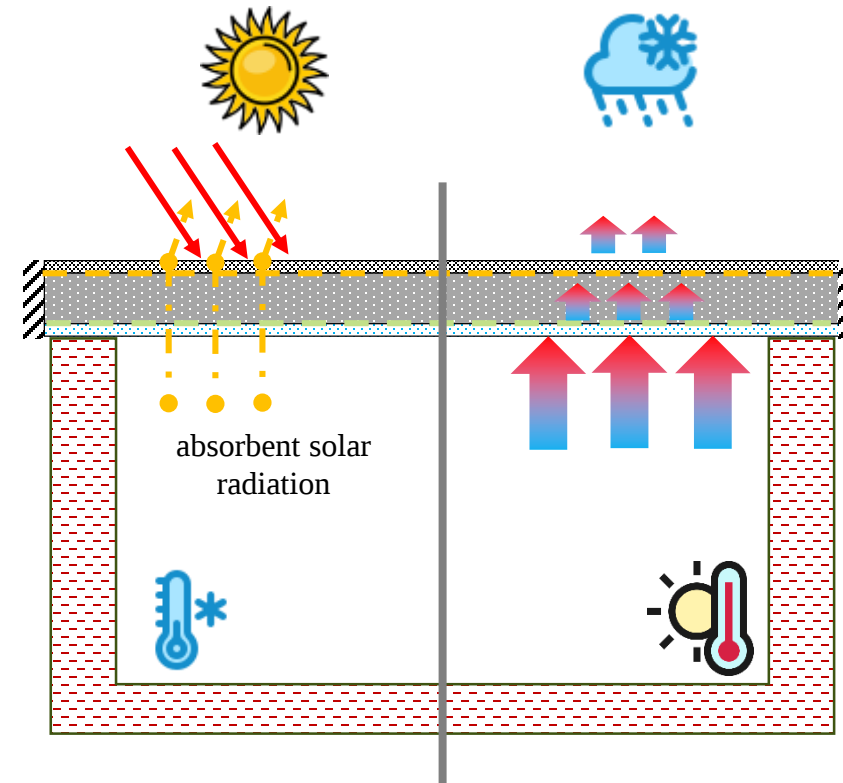
- C27 – C38, e30mmPCM

Phase 3

- C39. (g) Ref+PCMi RT25 HC+PCMo RT25 HC
- C40. (g) Ref+PCMi RT25 HC+PCMo RT35 HC*
- C41. (g) Ref+PCMi RT25 HC+PCMo RT44 HC
- C42. (h) Ref+PCMi RT25 HC+PCMo RT25 HC
- C43. (h) Ref+PCMi RT35 HC*+PCMo RT25 HC
- C44. (h) Ref+PCMi RT44 HC+PCMo RT25 HC
- C45. (i) Ref+DoublePCMi bRT25 HC + tRT35 HC*
- C46. (i) Ref+DoublePCMi bRT25 HC + tRT44 HC
- C47. (j) Ref+DoublePCMi bRT35 HC* +tRT25 HC
- C48. (j) Ref+Double PCMi bRT44 HC + tRT25 HC
- C40. (i) Ref+DoublePCMo bRT25 HC + tRT35 HC*
- C50. (i) Ref+DoublePCMo bRT25 HC + tRT44 HC

RT25 HC, RT35 HC*, and RT44 HC PCMs were selected to optimize thermal processes based on local temperatures.

- RT25 HC stabilizes indoor temperature at 25°C
- RT35 HC* mitigates daytime heat peaks around 35°C
- RT44 HC absorbs extreme outdoor heat near 44°C, enhancing energy efficiency and comfort.



Evaluated roof configurations

Table. Thermophysical properties of each layer on the composite roof.

Material	λ , $\text{Wm}^{-1}\text{ }^{\circ}\text{C}^{-1}$	ρ , kgm^{-3}	C_P , $\text{Jkg}^{-1}\text{ }^{\circ}\text{C}^{-1}$	h_{ls} , Jkg^{-1}
Concrete	1.28	2200	850	-
Reinforced concrete	1.74	2300	920	-
Gypsum plaster	0.40	1200	837	-
Polystyrene insulation	0.03	28	1800	-
RT25 HC 22°C – 26 °C		880 770		230 000
RT35 HC* 29°C – 36 °C	0.20	860 770	2000	158 000
RT44 HC* 41°C – 44 °C		800 700		248 000

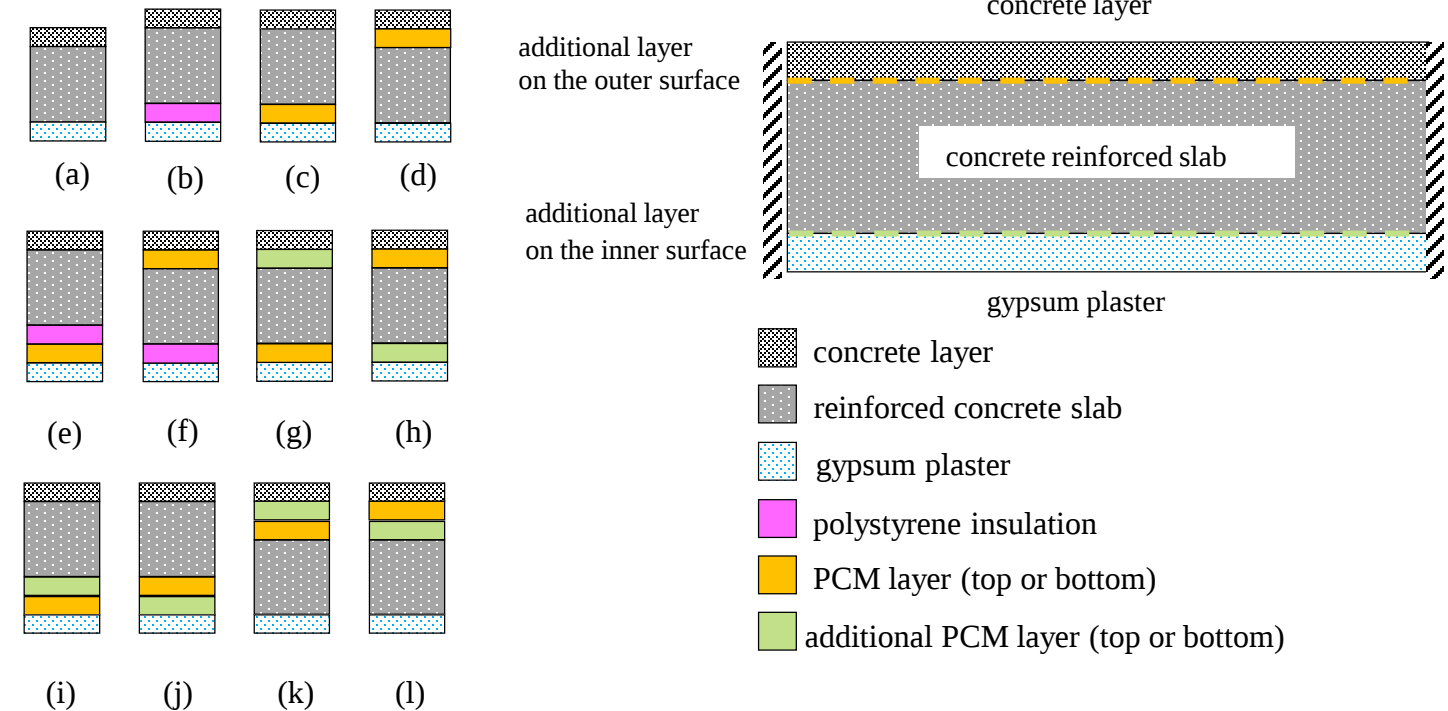
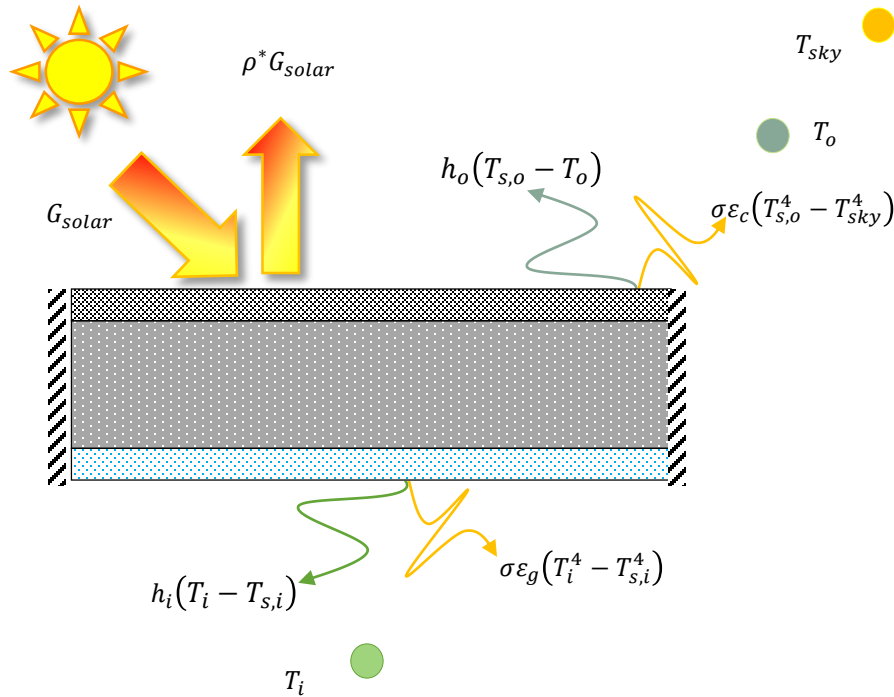


Figure. Cross section and configurations of a composite roof: reinforced concrete slab with concrete and gypsum plaster coats. And layer materials and locations (source: own elaboration).

Physical and mathematical model

The two-dimensional heat conduction process across all system layers (concrete, gypsum plaster, reinforced concrete, insulation, and PCM) is modeled by a mathematical equation, with necessary adjustments for the phase change in the PCM.



$$\frac{\partial(\rho C_p T)}{\partial t} = \frac{\partial}{\partial x} \left(\lambda \frac{\partial T}{\partial x} \right) + \frac{\partial}{\partial y} \left(\lambda \frac{\partial T}{\partial y} \right) \quad \text{Eq. (1)}$$

$$\frac{\partial(\rho_{PCM} C_{Peff} T_{PCM})}{\partial t} = \frac{\partial}{\partial x} \left(\lambda_{PCM} \frac{\partial T_{PCM}}{\partial x} \right) + \frac{\partial}{\partial y} \left(\lambda_{PCM} \frac{\partial T_{PCM}}{\partial y} \right) \quad \text{Eq. (2)}$$

$$C_{Peff} = \begin{cases} C_{Ps} & \text{for } T < (T_m - \Delta T) \\ \frac{C_{Ps} + C_{Pl}}{2} + \frac{h_{ls}}{2\Delta T} & \text{for } (T_m - \Delta T) < T < (T_m + \Delta T) \\ C_{Pl} & \text{for } T > (T_m + \Delta T) \end{cases} \quad \text{Eq. (3)}$$

Boundary conditions include solar radiation, wind-dependent convection, and heat transfer, with variations based on surface temperature.

$$-\frac{\partial T}{\partial y} = \alpha^* G_{solar} + h_o(T_{s,o} - T_o) + \epsilon \sigma (T_{s,o}^4 - T_{sky}^4) \quad \text{Eq. (4)}$$

$$-\frac{\partial T}{\partial y} = h_i(T_i - T_{s,i}) + \epsilon \sigma (T_i^4 - T_{s,i}^4) \quad \text{Eq. (5)}$$

Decrement Factor, Time Lag and Thermal Load

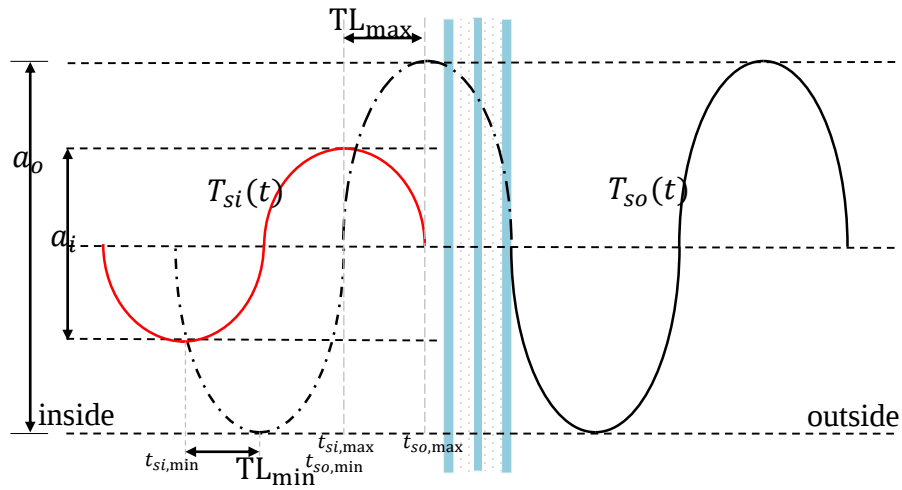


Figure. Schematic representation of the time lag, TL, and decrement factor, DF (source: own elaboration).

- Decrement factor: the ratio of the temperature fluctuation amplitude on the interior surface to that on the exterior surface.
- Time lag: the delay between a temperature change on the exterior surface and the corresponding change on the interior surface.
- Thermal load: the amount of heat that needs to be added or removed to maintain the desired indoor temperature.

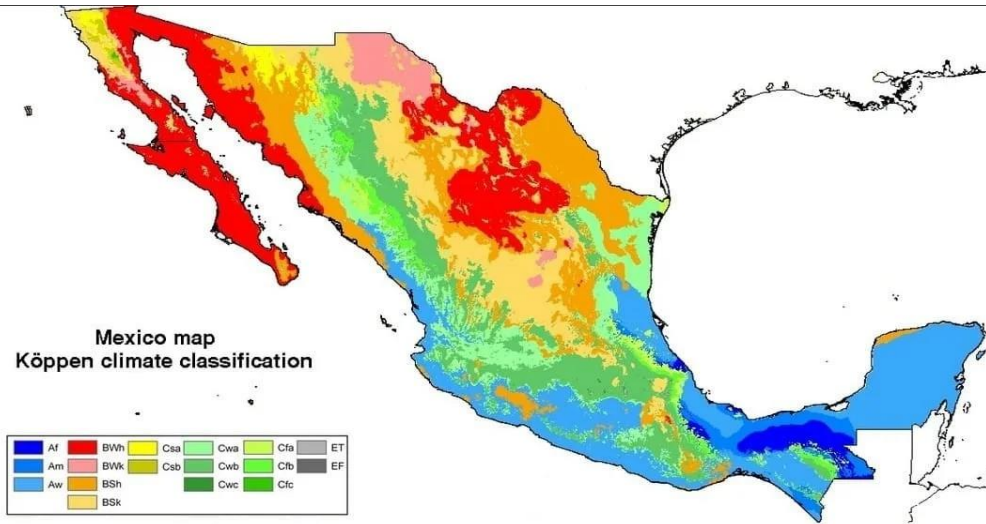
$$TL_{min} = t_{si,min} - t_{so,min} \quad (6)$$

$$TL_{max} = t_{si,max} - t_{so,max} \quad (7)$$

$$DF = \frac{a_i}{a_o} = \frac{T_{si,max} - T_{si,min}}{T_{so,max} - T_{so,min}} \quad (8)$$

Weather data

The BWk cold desert climate of Ciudad Juárez, Mexico, was selected for this study due to its extreme temperature variations. The analysis focused on critical days with temperatures from -7.9°C to 46.1°C to evaluate roof thermal performance under these conditions, ensuring relevance to similar climates in Mexicali and Hermosillo.



DISTRIBUCIÓN DE LA POBLACION SEGÚN EL CLIMA
POPULATION DISTRIBUTION ACCORDING TO CLIMATE

Clima	Población	% del total	
Climate	Population	% of total	
Templado todo el año de montaña Cwb	28,662,545	35.4%	Temperate all year long highland
Cálido semiárido BSh	11,803,982	14.6%	Hot semi-arid
Sabana Aw	10,529,199	13.0%	Savanna
Subtropical subhúmedo Cwa	10,110,335	12.5%	Subhumid subtropical
Estepa fría BSk	6,459,358	8.0%	Cold Steppe
Desierto cálido BWh	5,801,025	7.2%	Hot desert
Mediterráneo con verano cálido Csa	2,074,662	2.6%	Hot-summer mediterranean
Monzónico Am	1,989,843	2.5%	Monsoon
Desierto frío BWk	1,391,180	1.7%	Cold desert
Océánico Cfb	1,115,743	1.4%	Oceanic
Subtropical húmedo Cfa	868,014	1.1%	Humid subtropical
Selva Af	227,677	0.3%	Rainforest
Tropical A	12,746,719	15.7%	Tropical
Árido B	25,455,545	31.4%	Arid
Rango Templado C	42,831,299	52.9%	Temperate Range
Subtropical Ca	13,053,011	16.1%	Subtropical
Templado todo el año Cb	29,778,288	36.7%	Temperate all year long

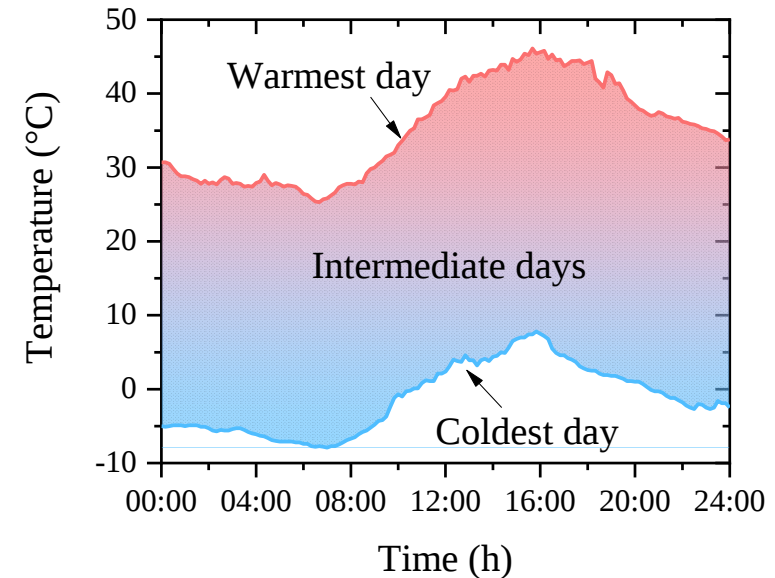


Figure. Recorded temperature interval: comparison respect to the climate spectrum of the region. Source: Own elaboration.

Methodology

Time discretization employed a fully implicit scheme, and the diffusive term was discretized using a centered scheme. The algebraic equations were solved using the Alternate Directions Gauss-Seidel method (LGS-ADI), with a residual tolerance set at 10^{-8} to ensure accuracy.

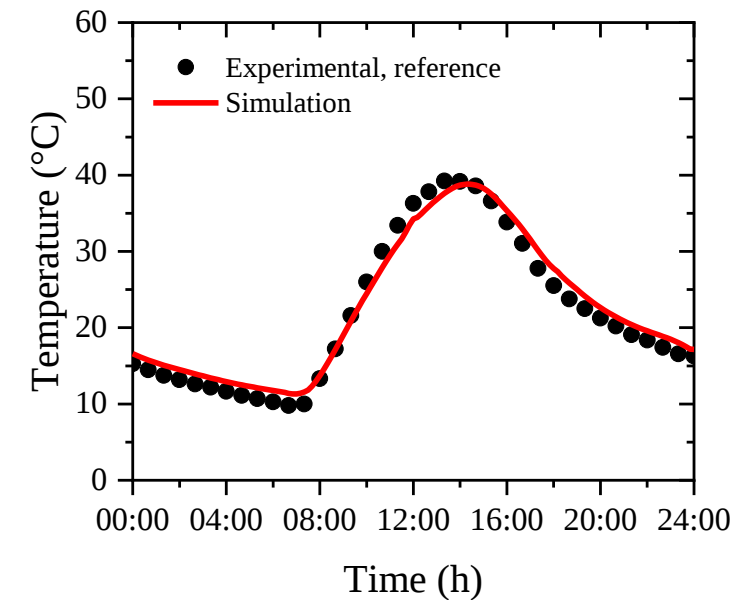
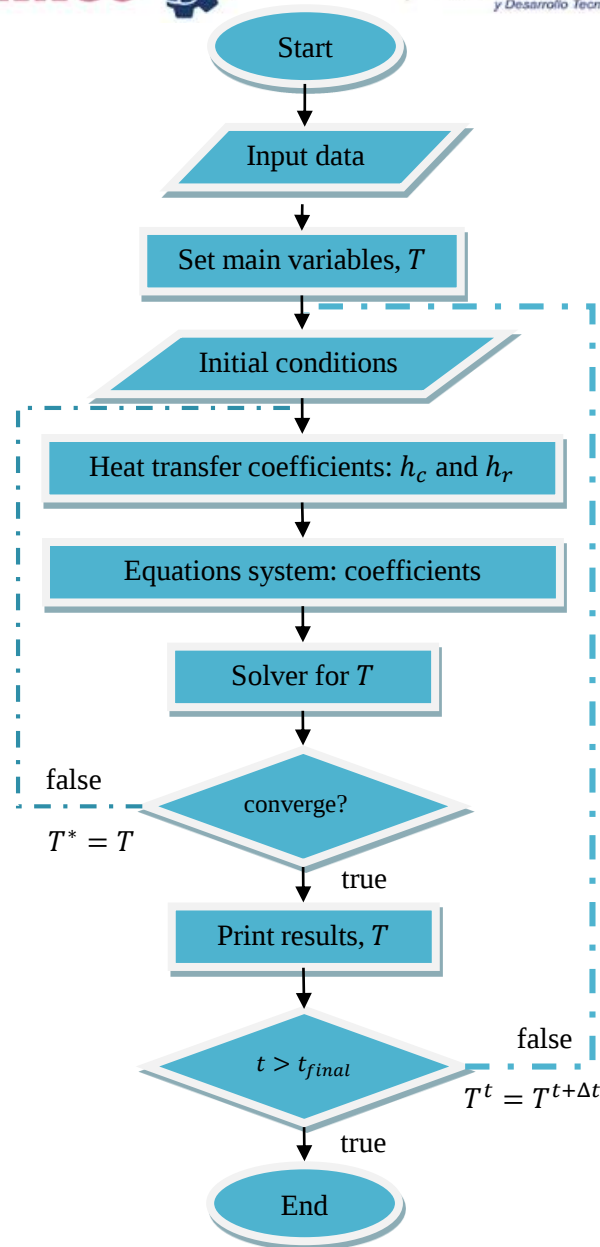


Figure. Surface temperature validation of a referenced roof compared to experimental data from Chagolla – Aranda et al., 2017 (source: own elaboration).

Results Coldest day

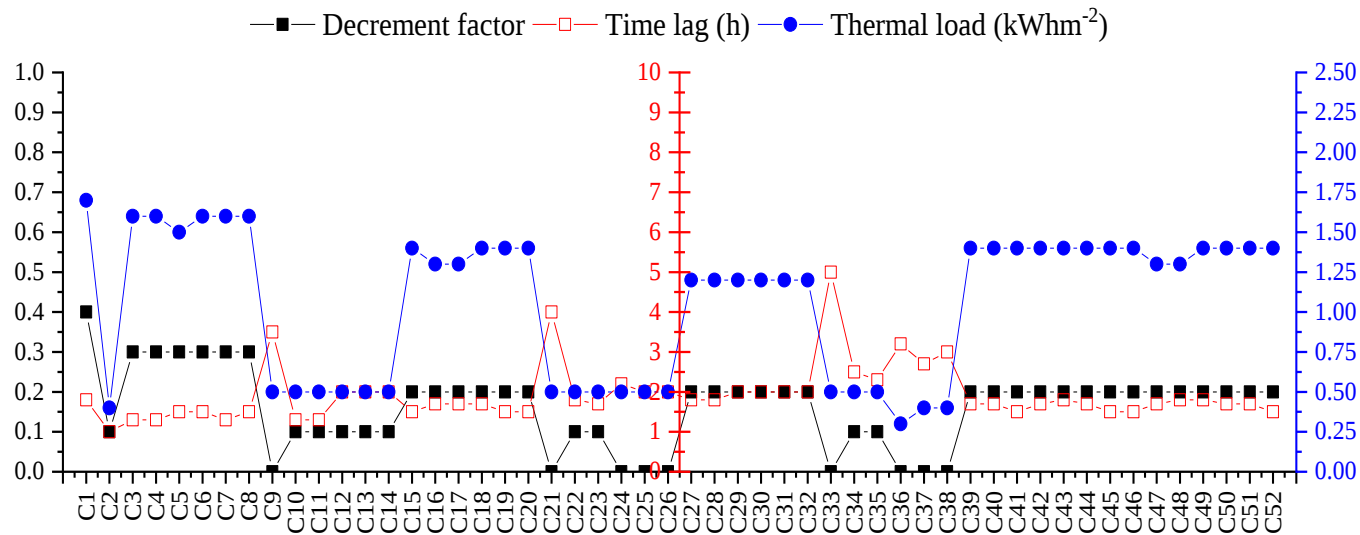


Figure. Comparison of the thermal performance on different roofs configurations under extreme weather conditions on the coldest day (source: own elaboration).

- Configurations with PCM on the inside surface (e.g., C3, C9) exhibit lower DF and longer TL, making them effective under cold conditions, though PCM does not reach melting, limiting phase change benefits.
- Increasing PCM thickness to 20 mm and 30 mm (e.g., C15, C38) further improves thermal attenuation and reduces heat loss.
- Double PCM layer configurations (e.g., C39, C45) demonstrate the best thermal performance, maintaining stable indoor temperatures in extreme cold.

Results

Warmest day

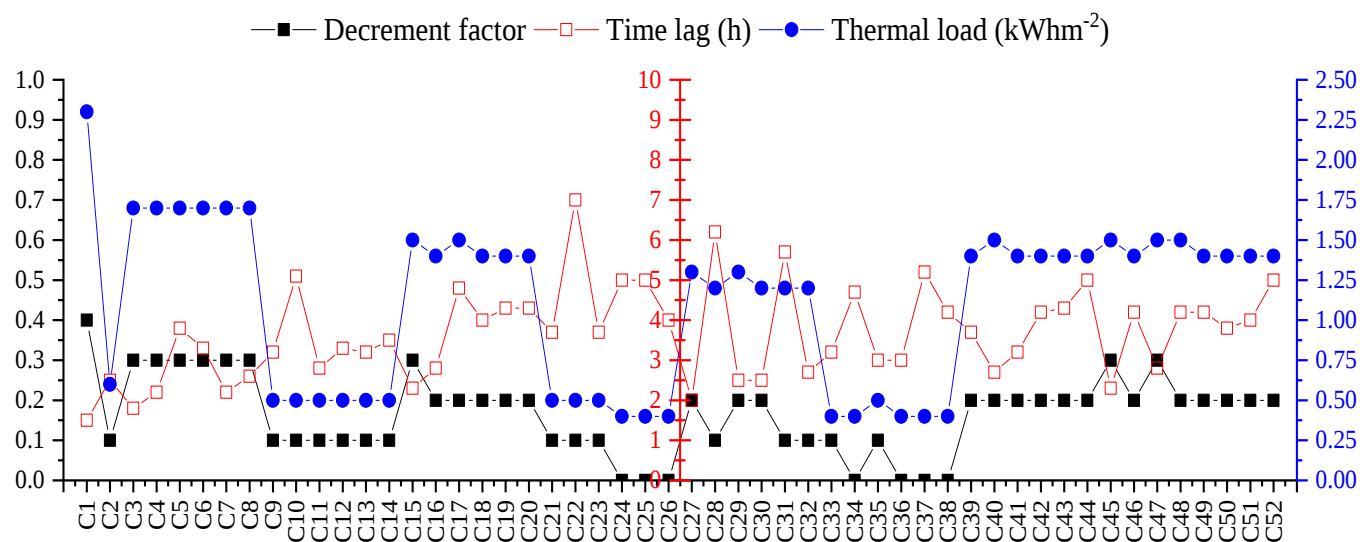
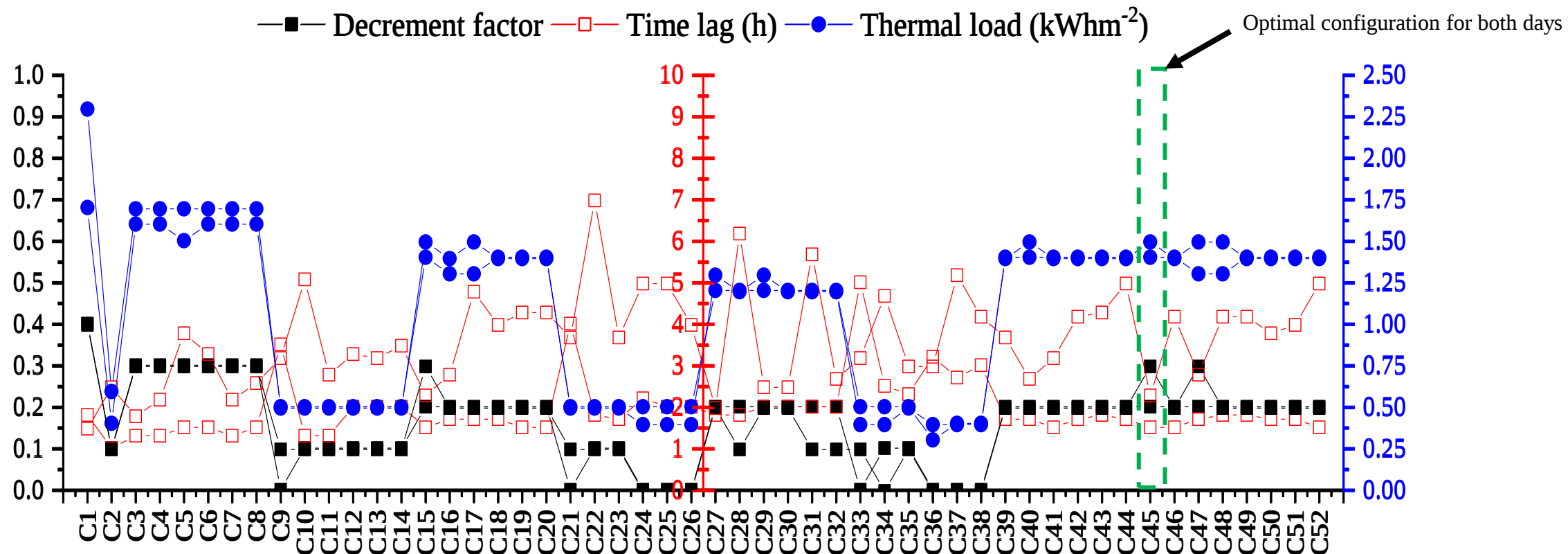


Figure. Comparison of the thermal performance on different roofs configurations under extreme weather conditions on the warmest day (source: own elaboration).

- On the warmest day, PCM effectively regulates heat gain through phase change, reducing thermal load.
- Configurations with PCM on the outside surface (e.g., C7, C13) limit heat gain effectively.
- Increasing PCM thickness (e.g., C28, C34) further enhances performance by reducing thermal load in high temperatures.
- Double PCM layer configurations (e.g., C40, C47) provide the best results, extending time lag and maintaining comfortable indoor temperatures under extreme temperature conditions.

Results Comparison



Results

Optimal configuration

Configuration C45, with a double PCM layer (RT25 HC inside, RT35 HC* outside), is the most efficient for extreme cold and warm conditions. It retains heat on cold days and limits heat gain on warm days, using phase change to manage thermal load effectively. This versatility makes C45 the best option for thermal comfort and energy efficiency.

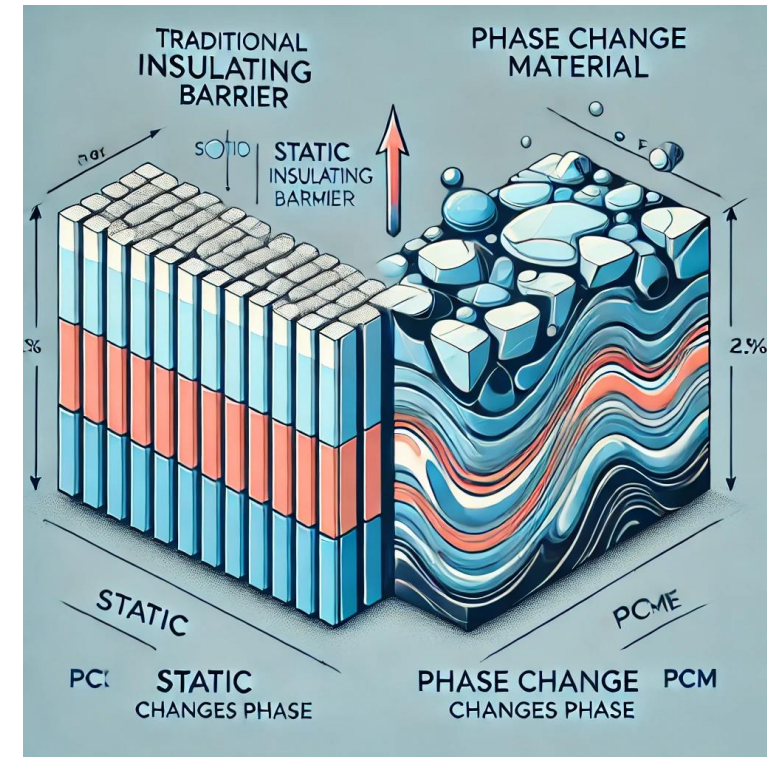
1. **C39 (Double PCM Layer):** Second-best option, balancing heat conservation and thermal gain reduction.
2. **C9 (Single PCM Layer with Insulation):** Third-best, excels in heat conservation on cold days.
3. **C28 & C34 (Thicker PCM Layers):** Good performance in reducing thermal loads on warm days.
4. **C3 & C7 (10 mm PCM):** Acceptable but less effective in attenuating heat loss and limiting gain.
5. **C2 (Polystyrene Insulation):** Moderate performance, less effective than PCM configurations.
6. **Best Overall:** C45 (Double PCM Layer) shows superior performance under extreme conditions.



Results

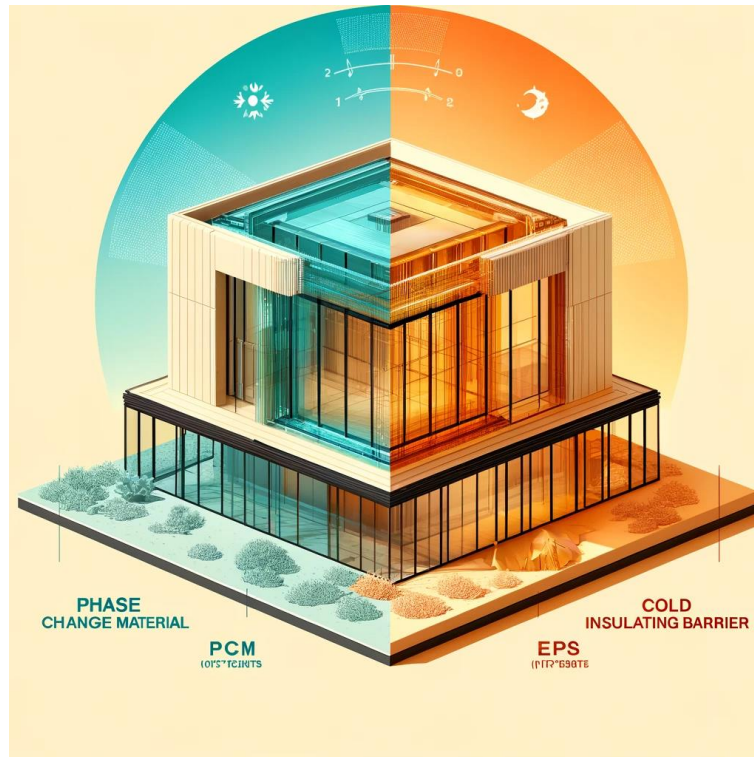
PCM vs Polystyrene comparison

On cold days, PCM outperforms polystyrene in insulation, time lag, and thermal load. On warm days, PCM better limits heat gain, making it superior for energy efficiency and comfort in fluctuating climates.



Results

Hierarchical order to improve the thermal efficiency of the roof begins with adding a PCM layer



Configurations with a PCM layer excel in thermal regulation, as they retain heat on cold days and limit heat gain on warm days. An increase in PCM thickness enhances thermal storage, extends time lag, and reduces thermal load. The addition of insulation further improves efficiency, while an extra PCM layer maximizes thermal performance, despite greater complexity and cost.

Conclusions

The results showed that PCM, especially with double layers or increased thickness, outperformed other methods.

- Optimal configurations achieved a decrement factor (DF) below 0.2, a time lag (TL) between 2 and 10 hours, and a thermal load under 2.5 kWh/m².
- Configuration C45, with dual PCM layers at 25°C and 35°C, proved most efficient under extreme conditions, surpassing polystyrene



Recommendations

Future studies could explore the use of PCM in combination with other advanced materials, as well as extending their application to other types of constructions and weather conditions, thereby widening the possibilities for thermal optimization and energy savings





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